



5K FAMILY FUN Run/Walk

Sunday, Sept. 19, 2010 • 8 AM

Start/Finish: Elkridge Food Pantry, 5660 Furnace Ave., Elkridge 21075
(parking available at The Volleyball House across the street)

Pre-Registration necessary to receive a FREE T-Shirt! Pre-Register no later than September 10, 2010

All event proceeds benefit the Elkridge Food Pantry, a non-profit organization serving members of the local community

Mail completed entry form with signature and a check made payable to Elkridge Food Pantry and mail to:
Elkridge Food Pantry, 5660 Furnace Avenue, Elkridge, MD 21075

You must submit one entry form per participant. All forms must include signature on waiver and pertains to all participants.

RUN/WALK DETAILS

The course is flat, paved and free of traffic. Run/Walk will take place rain or shine. Baby strollers and wheelchairs welcome. No bikes, roller blades, skateboards, scooters or motorized vehicles allowed.

ENTRY FEES (non-refundable and non-transferable)

Adults \$20 per person • Students (13-17) \$12 • Children (12 and under) \$10 • Families (3 or more) \$40
Children 12 and under must be accompanied by an adult. Pre-register by September 10 to receive a FREE short sleeve T-shirt.

Registration is not required for children in strollers (no T-Shirt for non-registrants). All registrations received by September 10, 2010, are guaranteed a T-shirt on race day. For registration forms received after September 10, a limited number of T-shirts will be printed and available on a first-come, first-serve basis.

DAY OF RACE

This is an unofficial, non-timed race. No bibs or chips. T-Shirt Pickup and Late Registration: 7:00 - 7:45 AM • Run/Walk Start Time: 8 AM

Please join us for the Summer's End JAM Festivities 1-5 PM at the Elkridge Corners SuperFresh

ENTRY FORM

NAME (Last, First) PLEASE PRINT LEGIBLY _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

E-MAIL _____ PHONE _____

AGE ON RACE DAY _____ DATE OF BIRTH _____

NAME OF SCHOOL THAT YOU ARE REPRESENTING _____

T-SHIRT SIZE (GUARANTEED ONLY WITH PRE-REGISTRATION BY SEPTEMBER 10)

Adult: S M L XL XXL • Youth Sizes: S M L

Entry Fee (check one) *FOR FAMILY RATE, PLEASE COMPLETE ONE APPLICATION PER REGISTRANT AND ENCLOSE ALL FORMS WITH ONE PAYMENT. THANK YOU.

Adult \$20 per person • Students (13-17) \$12 • Children (12 and under) \$10 • Families (3 or more) \$40*

Waiver: In consideration of your accepting this entry, I, intending to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims that I may have against the persons and organizations affiliated with this race: The Elkridge Food Pantry, the Town of Elkridge, County of Howard, and State of Maryland and all other contributing organizations and volunteers; and assign for any and all injuries suffered by me while traveling to or from or while competing in the 1st Annual Summer's End JAM 5K Family Fun Run/Walk, held on Sunday, September 19, 2010. I further attest that I am physically capable to participate in this event.

SIGNATURE _____

Signature of parent or legal guardian for minors under the age of 18

I'd like to make an additional donation to the Elkridge Food Pantry \$ _____ 100% of donations received benefit the Elkridge Food Pantry. All donations are welcome, appreciated and tax-deductible. Thank you for your support.